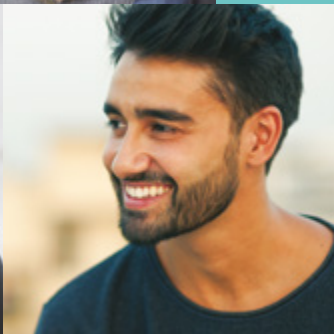
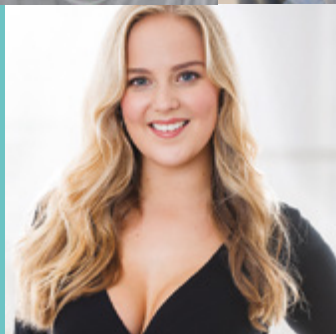


Cosmetic Surgery & Laser Skin Treatments



Everything you need to know about our procedures

The
Private
Clinic

of Harley Street

Because it's your body



Our Priority is You

At The Private Clinic, we only offer treatments that our growing team of **Doctors and Surgeons** specialise in. They are amongst the **most experienced in their field**, and you can rest assured that you are offered honest advice and the most suitable treatment for you.

We use **state-of-the-art technologies** and the most advanced techniques to achieve the best results with the least amount of disruption to your everyday life. Where suitable, we perform walk-in walk-out procedures, which do not require general anaesthetic, overnight stays or involve long recovery periods. We are aware that the treatments we offer are elective procedures, and because of that we feel it is even more important to take a conservative approach. It is our duty to safeguard our patients and ensure their experience is a positive one.

We see over 15,000 new patients every year and **perform over 10,000 procedures**, with one of the highest – if not the **highest** – **patients' satisfaction in the sector, Trustpilot 9.4, 5 star rating**, 95% would recommend us to their friends and family. We are a multi award winning provider and have been **voted the Aesthetic award for Best UK Clinic Group 2017** and **MyFaceMyBody Best Cosmetic Surgery Practice 2018**.



Contents

Why Choose The Private Clinic	01
Specialist Aftercare	05
Patient Pathway	06
Our Brand Mission and Values	08
Patient Stories	10
Female Cosmetic Body Procedures	11
Female Facial Procedures	21
Hair Transplants	29
Male Cosmetic Body Procedures	33
Male Facial Procedures	39
Varicose Vein Treatment	46
Skin & Laser Treatments	48
Dermatology	62
Conditions	63

Why choose The Private Clinic?

We understand how important it is to look and feel good about yourself. We also understand that many people feel a little anxious about cosmetic procedures, whether you're having a skin rejuvenation treatment or a bigger procedure. Often we see that anxiety transforms into genuine excitement when our patients see their results.

Established in 1983, The Private Clinic are multi-award winning with over 35 years' experience in delivering safe and successful cosmetic treatments.

Our medical teams consists of some of the most renowned and reputable Surgeons, Doctors, Nurses and Therapists, who are pioneers in their fields.

We use state-of-the-art technologies and the most advanced techniques to achieve the best results with the least amount of disruption to your everyday life. Where suitable, we perform walk-in walk-out procedures, which do not require general anaesthetic, overnight stays or involve long recovery periods.

OUTSTANDING FACILITIES

Depending on the procedure you choose it will be carried out at one of **The Private Clinic's UK based clinics or our fully equipped state of the art hospital "the Fitzroy,"** situated in central London or **one of our carefully selected hospitals who have a reputation for quality care.** We are able to ensure that every patient's journey is impeccable from beginning to end. **Our commitment to patient care is why we are the proud winners of 'Best Cosmetic Surgery Practice' at the MyFaceMyBody awards 2018.**



OUR EXPERT MEDICAL STAFF ARE AMONGST THE BEST

At The Private Clinic, you will be looked after by our medical staff who will talk to you in detail about your procedure and answer all of your questions. We understand how important your decision is and we work to ensure you are comfortable in every step you take with us. **Our team of Plastic Surgeons, Vascular surgeons, Hair Transplant surgeons, Dermatologists, Trichologists and Liposuction Doctors are highly skilled, fully qualified and innovative and have many years of experience.** We list clear details on all of our medical staff on our website. **All have to meet our strict standards to provide service to The Private Clinic of Harley Street Patients, and are registered with the GMC holding a valid licence to practice and are considered experts in their respective fields.**

We are registered with the Care Quality Commission (CQC), a clinical governing body. We are inspected regularly and have received on a number of occasions commendations for the quality of our high standards.



The Fitroy hospital was amazing, the care was outstanding. ”

- Breast Surgery Patient

Patient satisfaction is our biggest reward. This means we only let you go ahead with a treatment or procedure (no matter how small) if you're happy and fully informed, and if we believe it will give you the results you have asked for. **We strive to give you all the necessary information and enough time to think through your decisions so that you are completely comfortable.** Your journey is an important one and we want you to feel positive about it. We have been working hard at this for a long time and continually strive to improve it.



Specialist Aftercare

At The Private Clinic we understand that every patient is seeking reassurance about safety, expertise and quality of treatment. **We have years of experience and feel confident that your journey with us will be an excellent one.** All of our doctors and surgeons are registered with the **GMC (General Medical Council)**, have years of experience in their field of interest and hold a valid licence to practice in the UK, and our doctor profiles are online so you can research more about your doctor. **We own and operate our London hospital, this means that right at the start of your patient journey we are in control of the quality of service you receive.**

Our all inclusive prices mean that you receive a comprehensive aftercare service as part of the price, there are no hidden extras. **Our dedicated experienced Clinic Nurses work in partnership with your Doctor, or Surgeon to tailor make a specific aftercare programme for you.** All wound care and surgical review appointments with your nurse and doctor or surgeon are included in the price. **So whether this is for a cosmetic surgical procedure or a minor surgical treatment your care is our priority and patient satisfaction is at the core of what we do- always.**

If you have any concerns out of normal clinic opening hours, we provide you with a dedicated on call number 24/7 so you are always just a call away from any advice or reassurance. **All consultations and pre and post-operative care takes place at your local clinic, so you can rest assured that you are in safe and reliable hands.**

We understand that every patient is unique and recovers individually following surgery, this is why we provide all of our surgical and minor surgical procedure patients with a readmission policy of up to 3 years (procedure specific).

EXTENDED AFTERCARE PLAN

For further peace of mind patients at The Private Clinic can extend the aftercare and service they receive. You can set the level of cover that you feel you need and pay a single fee for up to 6 years post treatment (T&C's apply). This means that any future appointments with your doctor or surgeon, or if you develop post treatment complications, your consultation and treatment would be provided at no further cost.

NON-SURGICAL AND SKIN TREATMENTS AFTERCARE

The Private Clinic place great importance on providing the best options for you. We offer a bespoke, treatment action plan that includes all aftercare. When you visit one of our clinics, you will have access to highly qualified medical experts be it doctors, nurses, surgeons or fully trained aesthetic practitioners who have years of experience. Come and visit us to discuss your best options.

Patient Pathway

Prior to meeting your cosmetic surgeon, hair transplant surgeon, vascular surgeon, cosmetic doctor or cosmetic nurse, you can have a consultation with one of our highly trained patient co coordinators. They will explain the following aspects of the patient pathway with you:

- The process from the surgeon's/doctor's/nurse's clinical consultation, to the treatment day and the aftercare provided, as well as the post-operative recovery period required.
To discuss the services and facilities that are provided
- by The Private Clinic.
To discuss the Patient Guide in general with you, highlighting the potential benefits and consequences of surgery, but not including any



- clinical issues.
To help you complete a patient medical history
- form for presentation to the surgeon.
To offer pre and post-operative photographs of
- previous patients should you wish.
- If appropriate, to discuss treatment date availability.
Your patient coordinator will clearly explain the fee structure and all associated financial issues and options available to you.

If you prefer you can go directly to see the surgeon. Consultation fees apply. Please ask about this when you phone us.

CONSULTATION WITH YOUR SURGEON

Before your consultation we provide you with a full profile of your surgeon can answer any questions about their background with The Private Clinic. The consultation with your surgeon is designed to ensure that you have the time to discuss all aspects of the treatment you are considering and other options or concerns if appropriate. In order to achieve this aim expect your surgeon to discuss:

- All aspects of your medical and family history in detail and request pre-operative tests relevant for
- the surgery you are seeking.
Try to ascertain your expectations and then discuss realistically what can actually be achieved
- by treatment.
- Examine and measure you to note any irregularities.
Photograph - Photographs of the area requiring
- treatment may be taken during your pre-operative screening.
Recommend the treatment suited to your needs
- and to achieve your aims, bearing in mind the limits of surgery and your own anatomy.
- Explain the potential complications and dangers of any form of surgery and anaesthesia.
- Advise on all aspects of you care both pre and post operatively.

Our Mission

The Private Clinic stands for quality and in order to achieve that, we make sure we put safety, expertise and patient satisfaction at the core of what we do – always.

MEDICAL EXPERTISE

The Private Clinic thrive to employ only experts who we believe to be amongst the very best in their respective fields.

OUTSTANDING CARE

The Private Clinic are very aware that the treatments we offer are elective procedures, and because of that we feel it is even more important to take a conservative approach. It is our duty to safeguard our patients and ensure that their experience is a positive one.

PATIENTS SATISFACTION

We want our patients to be happy with their treatment and what we have achieved for them. We aim to produce natural looking results to enhance our patients' natural beauty and, more than anything else, we want to meet our patients' expectations.

EXCELLENT CUSTOMER SERVICE

From the first call we thrive to provide our customers with excellent service. Our mission is to treat our patients in a professional, friendly and emphatic way, and to be available when they need us.

HONEST ADVICE

The Private Clinic commit to not trivialise the fact that these are surgical procedures and shouldn't be taken lightly. We aim to provide patients with realistic expectations and honest advice, always.



Our Values

OUR PRIORITY IS YOU.

We care about the people who work within our brand and the patients we treat.

BRAND TRANSPARENCY

We are driven by passion, innovation and ideas, so we promote and exercise a brand culture that is open to feedback to ensure that we bring the best to everyone we touch and being the best in everything we do.

LEAD BY EXAMPLE

As a Leader within the market we have to ensure we remain at the forefront of our patients minds and close to their hearts, so it is important that by "the best" we mean the best products and services, the best people and the best ideas.

CELEBRATING OUR SUCCESSES

Celebrating successes of employees across the brand as well as the thousands of happy patients we have helped.

DID YOU KNOW?

The Private Clinic was voted the UK's #1 Cosmetic Surgery Clinic. For more information [click here](#)



For those seeking the best FUE treatment, look no further than The Private Clinic. I completed my treatment 2 months ago the results are already showing and it is just the beginning.”

- FUE Hair Transplant Patient

Patient Stories

At The Private Clinic, we treat thousands of patients each year that have had a positive and life changing. Our patients praise us for the work that we do and 95% of them say that they would recommend us to their friends and family.

If you are considering having a procedure with us then we recommend that you have a look on our website at some of the patient stories. Please see theprivateclinic.co.uk/patient-stories.

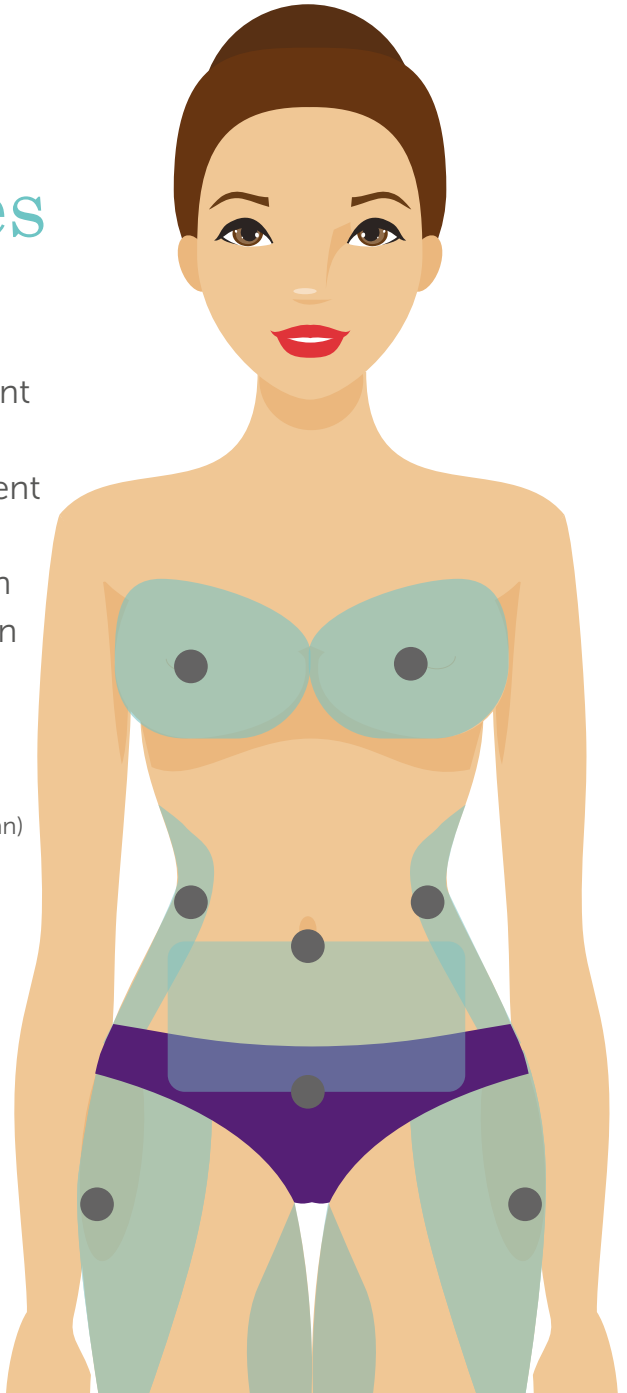


The staff at The Private Clinic were really welcoming and friendly and they gave me all the information to make the right decision. I am really happy with my results.”

- Breast Augmentation Patient

Female Cosmetic Body Procedures

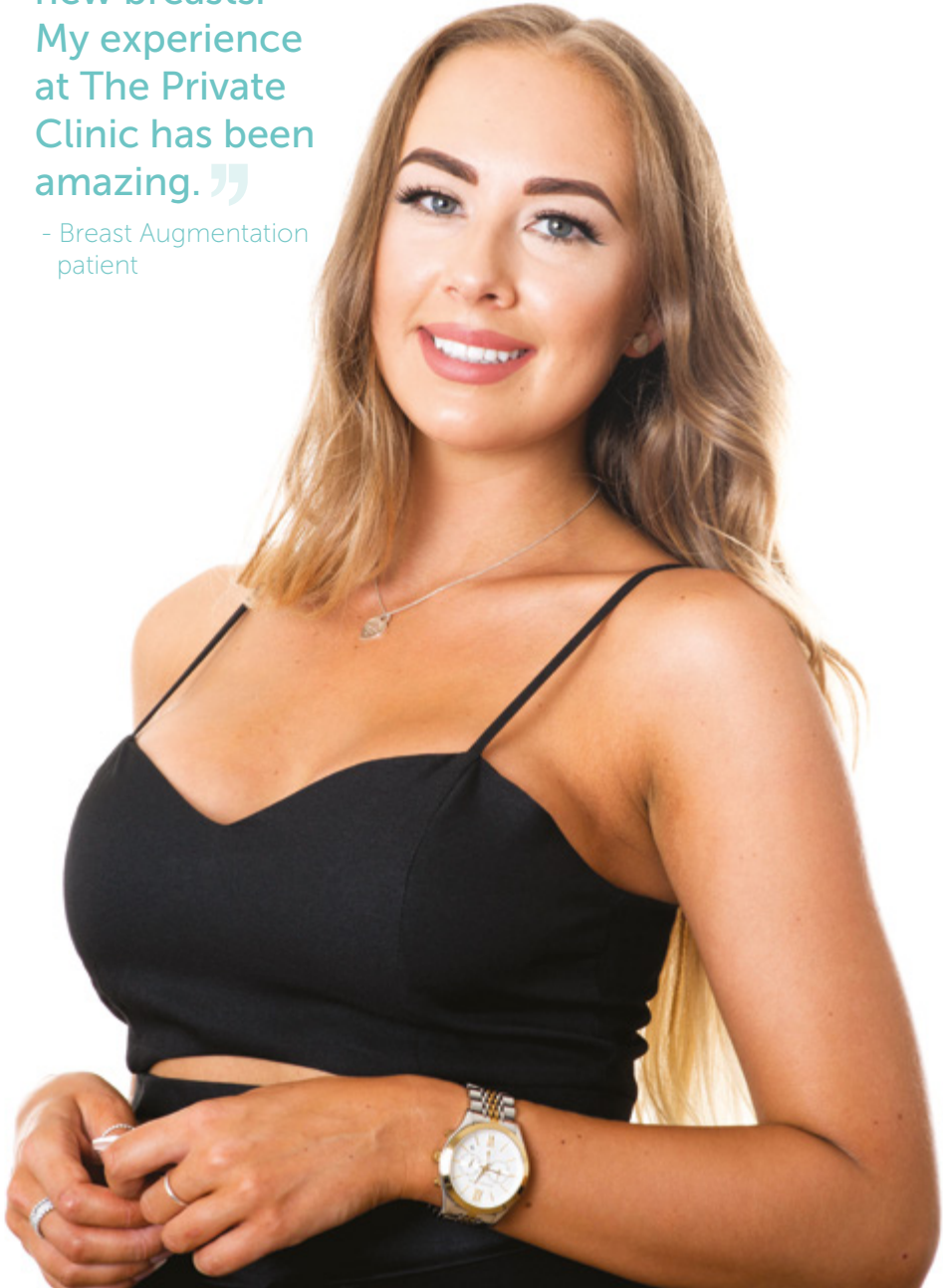
Breast Enlargement
Breast Uplift
Breast Uplift & Enlargement
Breast Reduction
Breast Implant Replacement
Breast Implant Removal
Breast Auto Augmentation
Inverted Nipple Correction
Nipple Reduction
Tuberous Breasts
Breast Asymmetry
Tummy Tuck (Full, Mini, Brazilian)
Liposuction
Vaser Liposuction
Labiaplasty





I couldn't be
happier with my
new breasts.
My experience
at The Private
Clinic has been
amazing. ”

- Breast Augmentation
patient



Breast Enlargement

If you feel you have always wanted a larger breast size, larger breast shape, maybe following pregnancy, breast feeding or weight loss, you may feel your breasts have lost volume, shape or size, then a breast enlargement at The Private Clinic might be the procedure for you. **Your surgeon will discuss your ideal breast size and shape fully during consultation to find the best way to achieve the outcome that suits you.** This will include explaining the difference between tear-drop and round implants, whether you want the breasts implants under or over the muscle, the size that will best suit your frame, your expectations and more.

THE PROCEDURE

Breast enlargement surgery is performed under general anaesthetic and takes roughly an hour to 1 hour and a half. Generally, the procedures are day cases, you may choose to stay the night in a local hotel or return home soon after the procedure. During the procedure, your breast implants will be inserted through a small incision, normally made along the natural crease of your breast. **We endeavour to allow as many patients as possible to be day cases under sedation rather than general anaesthetic, meaning you can return home in the evening.** However, some procedures will require an overnight stay in hospital to monitor your progress.

THE RECOVERY & AFTERCARE

We advise that you take a week off work, depending on the nature of your occupation. It is important for you to wear your surgical bra or a sports bra recommended by your surgeon for the initial weeks following breast enlargement surgery. Your breasts will be swollen for a little while after your procedure so it is best to wait for 4-6 weeks before going to

get sized up for a new bra. Your Cosmetic Surgeon will advise you on when to gradually introduce your daily/weekly activities and exercise routines. A series of follow-up appointments with a nurse and a 6-8 week check up with your Surgeon will be also be arranged for you.

The best care and peace of mind starts here with us. We offer;

- Dedicated post-operative care and appointments with your surgeon and nursing team, including a 24 hour help line.
- Three-year aftercare breast cover.
- Lifetime guarantee on the implant.
- Warranty of £1000 towards surgical costs for 10 years for breast enlargement.
- State of the art hospital facilities.

DID YOU KNOW...

Breast Enlargement is one of our most popular procedures. To see our comprehensive FAQ's or to Book a consultation [click here](#)

Breast Uplift

Breast uplift or Mastopexy surgery can offer you a way to regain your body confidence, giving you fuller-looking breasts and correcting boobs positioning on your body. If your breasts are empty or saggy, or you are unhappy with the shape of your breasts or the position of your nipple, a Breast Uplift or Mastopexy may be the most suitable option for you.

Sometimes the problem isn't size, but the loss of volume and tone. If your breasts appear 'empty' or simply make you feel old and unattractive, a breast lift, also known as a Mastopexy, can restore and rejuvenate this part of your body. Stretched

and thin skin, overly large areolas and downward pointing nipples may affect how you feel about the look of your breasts, something a Mastopexy can effectively treat.

There are a number of combination procedures available that include Breast Uplift. It is very common for an uplift procedure to be carried out in conjunction with Breast Augmentation, resulting in fuller, correctly positioned breasts.

THE PROCEDURE

A Breast Uplift, is a cosmetic procedure, where excess skin is removed so that the remaining skin can be tightened and the nipple moved to a higher position, resulting in a firmer appearance. The skin can be removed from underneath the breast or around the areola. **The surgery involves keyhole shaped scars and aims to reposition the nipple, pull up the breast tissue to reduce the amount of excess skin.** Breast uplift (Mastopexy) Surgery is usually carried out under general anaesthetic and can take up to two hours.

THE RECOVERY & AFTERCARE

Following the procedure, you will need to stay in the hospital overnight. Once you have returned home, depending on your age and general fitness, you will need to rest for two to six weeks.

We recommend that you take at least 2 weeks off work and avoid strenuous exercise for at least 6 weeks. Swelling and localised discomfort will subside within a few weeks, but you will need to wear a support bra, with no under-wire, for at least 6 weeks.

TO FIND OUT MORE ABOUT...

Breast Uplift or to Book a consultation [click here](#)

Breast Reduction

A breast reduction procedure (also known as mammoplasty) is aimed at reducing the overall size, weight and volume of your breasts, and can profoundly improve your self-esteem. **Overly large breasts are not only a nuisance to some women, but also the cause of physical discomfort, pain, and for some, a lack of confidence and self-esteem.** Many women often suffer from pain in the back, grooving of the shoulders caused by bra straps, inflamed reddened skin under the breast, difficulty undertaking exercise owing to pain and discomfort caused by the movement of their heavy breasts.

THE PROCEDURE

Techniques for breast reduction vary, but the most common procedure involves a small incision that circles the areola, extends downwards and follows the natural curve of the crease beneath the breast. The glandular tissue, fat and skin is removed and the nipple and areola are moved into their new position to give the breast a natural appearance. Often breast reduction procedures can take up to three hours to complete, due to the size of our breast. The operation is carried out under general anaesthetic and you may be required to stay overnight in hospital.

THE RECOVERY & AFTERCARE

After breast reduction surgery, we recommend that you take at least 1-2 weeks off work so that you can make a full recovery. To keep the breast supported whilst healing and to achieve the best possible results you will be advised to wear a sport bra or a support bra, with no under-wire, for at least 6 weeks.

FOR FURTHER INFORMATION...

about Breast Reduction or to Book a Consultation
[please click here](#)



The procedure has changed me and my body image for the better. I feel very confident again and can wear whatever I like.”

- Breast Reduction patient



Tummy Tuck

Pregnancy, weight loss and the natural ageing process can leave behind excess, sagging skin around the stomach (abdomen) area, which can't be banished through exercise or non-invasive treatments. An Abdominoplasty, or tummy tuck is the perfect solution which will give you a flatter, firmer abdomen.

THE PROCEDURE

A tummy tuck procedure is used to remove excess fat and skin from the abdomen area in order to tighten the muscles and tissues of the abdominal area. There are various types of abdominoplasty available however the one that you will have will depend on how much skin and fat you have removed. **Your surgeon will explain which type is most suitable for you.** The procedure can take up to two hours, under general anaesthetic and you will be required to stay overnight in hospital. The procedure involves an incision being made along the lower abdomen (further incisions may be needed). Then skin is carefully separated, allowing the excess tissue and skin to be removed and the remaining skin and tissue to be repositioned or reshaped.

THE RECOVERY & AFTERCARE

After surgery you will need to rest and wear a light support garment. Usually two weeks after your procedure you can start to do light exercise to start toning the muscle. Most people take between 1-3 weeks off work, depending on your job. After a surgical procedure you need to care for your body and grant it the full rest it deserves. Following the aftercare schedule we provide will help you heal quickly and effectively so make sure you adhere to the care plan.



It changed me by making me more comfortable in my own skin and more appreciative of my body.”

- Tummy Tuck patient

Labiaplasty

Labia reduction surgery (also known as Labiaplasty) are becoming increasingly popular and less of a taboo for women to address. We treat women who are concerned about the shape and size of their labia. Labiaplasty is a surgical procedure carried out to correct and define the appearance of the inner labia, creating a neater and more symmetrical appearance. The procedure is performed either under local anaesthetic or general anaesthetic – your surgeon will recommend the most suitable procedure for you – and takes approximately 30 minutes to 1 hour. You can get back to your normal routine swiftly, making sure to follow the advice given by our medical team. You can then go about your daily life with the right kind of confidence and comfort.

FIND OUT MORE...

Whatever your reason for considering a Labiaplasty, if you would like to find out more information about the procedure [click here](#)

Female Facial Procedures

Eye Bag removal (Blepharoplasty)

Face and Neck Lift

Brow Lift

Ear Reshaping

Nose Reshaping

Earlobe Repair

Mole Removal



[Return to Contents page](#) 

Eye Bag removal (Blepharoplasty)

Often as we get older it is common to develop bags on the lower or upper lids of the eye, which can make us look older or tired. Blepharoplasty, sometimes also known as eyelid lift surgery or eye bag removal, is a simple, safe and quick procedure to remove excess fat and skin from around the eyes.

THE PROCEDURE

Blepharoplasty is a simple procedure to remove or reposition excess skin and tissue around the eyelids. **The treatment can be used to reduce drooping, tighten any creases and folds in the upper or lower eyelids, and lift skin surrounding eyes.** The treatment is commonly used to correct hooded or drooping eyelids. Most of our patients are day cases, with simple procedures taking as little as 30 minutes and longer cases taking up to 2 hours. The majority of patients return home after the procedure with no need for a hospital stay.

THE RECOVERY & AFTERCARE

Depending on your case and procedure your surgeon may advise between 7-14 days off work, particularly for more complicated surgeries. You will need someone to take you home and we recommend that someone stays with you for the first 24 hours post-surgery. **You will experience some swelling and bruising for up to two weeks, but may return to your social activities within one-week post-procedure.** Your stitches will be removed 4-5 days post-procedure, and make-up can be used 7 days after the surgery. You may need pain relief to help with any discomfort while the eyelids heal, though your surgeon will discuss this fully with you.



So happy with the results, everything has been excellent from 1st consultation onwards. Really glad I made the decision.”

- Eye bag removal patient

Face and Neck Lift (Rhytidoplasty & Platysmaplasty)

Ageing and extensive weight loss may cause skin to lose volume and elasticity. With the help of gravity, this results in the face drawing closer to the bone and downwards – often resulting in folds, lines and sagginess. A surgical face/neck lift, also known as rhytidoplasty, tightens skin around your face, jawline and neck, resulting in a youthful, rejuvenated appearance. **The facelift isn't a standard 'one-size-fits-all' procedure and we offer bespoke solutions to each of our patients depending on their desired results and suitability.**

THE PROCEDURE

The techniques for a face/neck lift vary so it is very important to have a full consultation in order to assess each patient. **As each face is different, the procedures are tailor-made to each patient so the exact procedure differs from patient to patient.** A face/neck lift procedure typically take 1-3 hours, more complicated and extensive procedures can take longer.

Most patients will require a general anaesthesia for the full facelift. Incisions are typically made behind and in front of the ears, carefully designed to minimise and conceal scarring. In some cases the incisions extend onto the scalp. From there the surgeon will reach the deeper layers of the face which will be repositioned and 'lifted'. Depending on the procedure, muscle tightening and liposuction to the neck may be performed to enhance the effect of the facelift.

Depending on the procedure, you may require an overnight stay in hospital. Tubes may be attached to the incision sites to collect fluid – a natural response to invasive surgery of this kind. Some facelifts will not require such extensive care and hospital stays.

THE RECOVERY & AFTERCARE

Following the operation, you may experience discomfort as your face may feel tight and full for the first 7-10 days but this can be managed by pain medication provided to you. Bruising after surgery varies between patients and their natural healing responses. Any bruising and swelling should reduce and eventually clear after 2-3 weeks.

Brow Lift

In more severe cases of forehead and brow lines, a brow lift (browplasty) may be suggested. This is a surgical procedure that lifts the forehead removing deep lines and elevating the brows by lifting and tightening the skin.

THE PROCEDURE

A brow lift procedure would require you to go under general anaesthetic and surgery time can take 1-2 hours. The results from a brow lift can last a long time in many cases but this would depend on your lifestyle.

THE RECOVERY & AFTERCARE

Patients advised to take at least one to two weeks off work and will be required to sleep sitting upright during the recovery process.

Ear Reshaping (Otoplasty)

As prominent features of the body, ear shape and size can have a major effect on how we feel about our face. Large or protruding ears can effect confidence, while ears that sit far away from the head can be uncomfortable. **Otoplasty (ear correction surgery) is a surgical procedure to reshape and reconstruct the ear. If you are unhappy with the shape, size or position of your ears, you may benefit from it.**

THE PROCEDURE

Otoplasty procedures usually take up to around 2 hours and can be performed under local or general anaesthetic, depending on the individual case. As specialists in minimally invasive procedures, we endeavour to carry out Otoplasty under local anaesthetic as often as possible, but will only proceed with the method that's right for your needs. During the treatment your surgeon will make an incision along the crease-line behind your ear and remove any excess cartilage that is causing it to protrude. **The ear is then pinned back along the fold to its new position, closer to the head.** Following the surgery, the area will be stitched up and a dressing wrapped around your head to support the cartilage in its new place.

THE RECOVERY & AFTERCARE

We recommend that you take approximately one week off work. You may be allowed to return home immediately after the procedure, but this will depend on your case and you may be required to stay in hospital overnight to ensure your safety and recovery. Patients are required to wear a head-bandage for 5-7 days to help support the wound and at night for a further 2 weeks. Your ears will be bruised, swollen and red for a few weeks – it can take up to 6 weeks for full recovery.

Rhinoplasty (Nose Reshaping)

A Rhinoplasty or Nose Job is a procedure that is designed to help those who are unhappy with the size, shape or form of their nose. We are expert in all types of nose reshaping.

A Rhinoplasty is aimed at correcting and reconstructing the shape of the nose. It is frequently performed to enhance the aesthetic appearance of the area, but it can also be used to restore nasal functions and correct deviated septums.

There are three types of rhinoplasty

- Standard rhinoplasty – Full nose correction of the bridge, nose tip and alar bases (nostrils).
- Septo-rhinoplasty – Full nose correction, including the alteration of a deviated nasal septum (the cartilage partition in the nose).
- Rhino-tip – Correction of the tip and alar bases

THE PROCEDURE

Rhinoplasty and Septo-rhinoplasty surgeries are performed under general anaesthetic and can take up to two hours, depending on the nature of the procedure. For both surgeries you will need to stay overnight in hospital for monitoring.

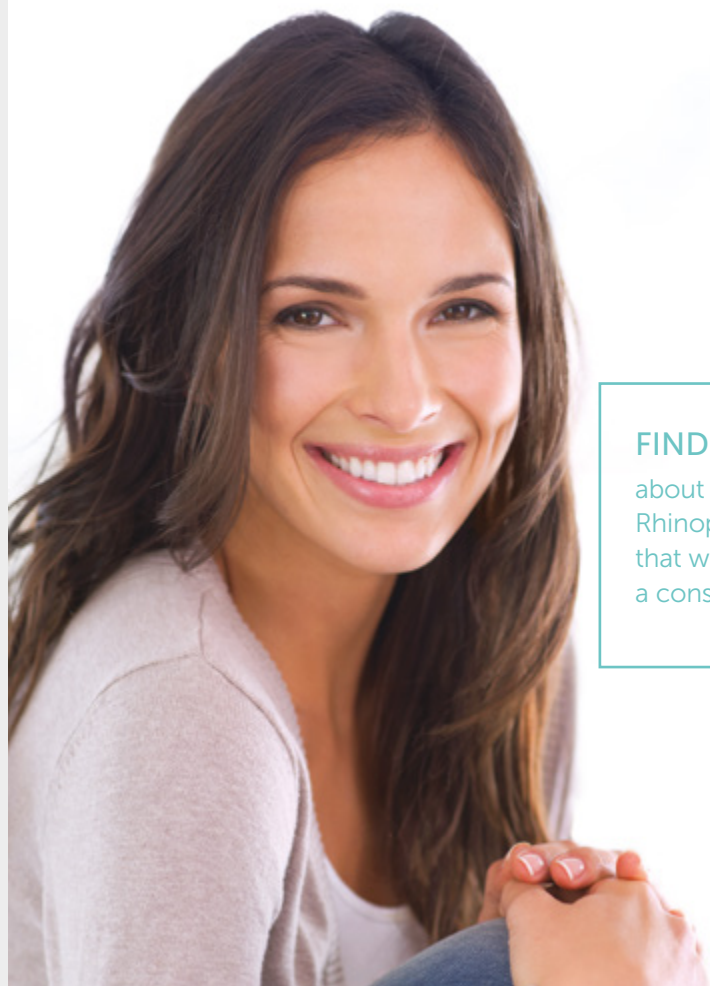
A Rhino tip correction may be carried out under local anaesthetic with sedation, under which circumstance you may be able to return home on the same day.

Rhinoplasty takes around 2 hours to complete, Regardless of the type of Rhinoplasty surgery you are having, your surgeon will work hard to ensure you are left with no visible scarring. Once complete, the skin on your nose will shrink or expand around its new shape.

THE RECOVERY & AFTERCARE

Results from Rhinoplasty procedures can be drastic, transforming not only the nose but the whole face. Whichever surgery you are having you will be left with no visible scarring, though you will need to wear a splint across your nose for 7-10 days to protect it.

Your final results will normally show after a couple of months, once swelling and bruising have completely dispersed after two weeks. The majority of the swelling can take up to 6 weeks to reduce but minor swelling may take a few months to settle.




FIND OUT MORE...

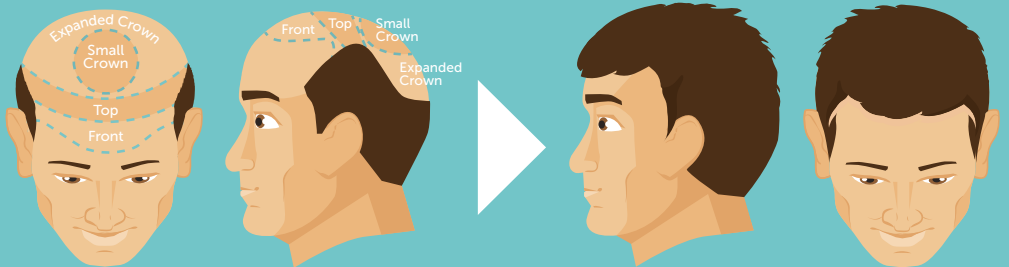
about the different
Rhinoplasty procedures
that we offer or to book
a consultation [click here](#)

Hair Transplants

- Male FUE Hair Transplant
- Female FUE Hair Transplant
- Hair Transplant Revision
- Beard Hair Transplants
- Eyebrow Hair Transplants
- Trichology



[Return to Contents page](#) 



Hair Transplants

Hair loss can be devastating for both men and women and can lead to loss of confidence, even depression. **Many people are taking steps to reverse the process, that's because nowadays you can achieve very natural looking results – with our team of expert Hair Transplant specialists.**

We specialise in FUE (Follicular Unit Extraction) which we believe to be a superior procedure to the traditional Strip method. **Our renowned surgeons have spent many years perfecting FUE technique known as 3G FUE, which delivers more density – even in cases of severe hair loss. With very natural looking results and virtually undetectable scarring.**

THE PROCEDURE

FUE or Follicular Unit Extraction, involves removing healthy hair follicles directly from a donor area on the scalp (usually at the back of the head where the hair is plentiful) and grafting them onto the bald or thinning areas.

The treatment is carried out under local rather than general anaesthetic, eliminating risks and downtime associated with other hair transplant procedures. **And because the treatment is minimally invasive (there is no cutting of strips) making very small entry points into the scalp our team ensure that the donor looks intact after the hair transplant procedure and you can keep your hair really short if you prefer without any obvious scarring.** In most cases, patients are able to return to work the next day with their results.

The method uses a specialised punch device, ranging in diameter from 0.6mm – 0.9mm, to extract follicular units complete with necessary glands. This separates surrounding tissue from

the unit, meaning minimum trauma and better results. **Transplantation of all the vital elements of each hair follicle means a better survival rate and better growth.** The treatment is performed under a high powered microscope using specially designed instruments, allowing the surgeon to work with the utmost precision for natural-looking, undetectable results.

THE RECOVERY & AFTERCARE

You can leave the clinic immediately after treatment. Healing takes approximately 5-7 days, after which point any redness or slight swelling in the treatment area will have subsided. The grafts heal within 2-4 days so you can get back to normal activities in no time at all, and you'll see new growth in as little as 4 weeks.

Beard Transplant

Hair loss doesn't just effect the hair on your head it can also have an effect your bread and eye brows too. At The Private Clinic, our renowned surgeons have spent many years perfecting FUE technique known as 3G FUE, which delivers more density – to facial hair. FUE or Follicular Unit Extraction, involves removing healthy hair follicles directly from a donor area on the scalp (usually at the back of the head where the hair is plentiful) and grafting them onto the bald or thinning areas of the beard.

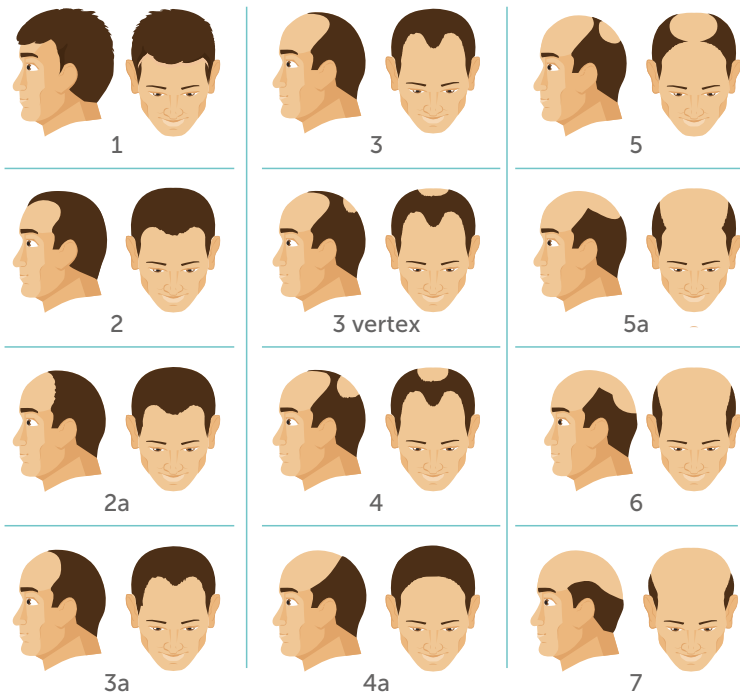
OUR HAIR TRANSPLANT SURGEONS...

have extensive experience with both male and female patients, as well as facial hair transplants.

To find out more, [click here](#)

Trichology

Common problems with the scalp and hair may lead or contribute to hair loss, which could be linked to inadequate nutrition or dietary gaps, illness, traction alopecia, thyroid dysfunction, damage after chemotherapy treatment, hormone imbalance, menopause, genetic issues, follicle sensitivity or stress. Hair loss, thinning hair or damaged hair can be extremely stressful, especially if you don't know what's causing it. Understanding the underlying force behind hair loss is always the most crucial aspect of any treatment. Our team of world-renown expert trichologists will help you to identify the root cause of your hair loss or scalp disorders, to create you a bespoke treatment plan in order to achieve the best results possible. The sooner you seek advice of an expert the better, as hair loss can be reversed or the rhythm of it may be diminished easier in initial stages.



Male Cosmetic Body Procedures

Gynaecomastia /Chest Reduction

Liposuction

Vaser Liposuction

Tummy Tuck



[Return to
Contents
page](#)



Liposuction

Many of us have stubborn pockets of fat that won't shift no matter how much we exercise. On women these areas tend to include the tummy, buttocks and thighs, while for men problem areas are usually the chest and waist. **The good news is that we may have the solution. We specialise in a number of minimally invasive procedures for fat removal including VASER Liposuction or Liposculpture, VASER High Definition and Mid Definition, and Microcannula Liposuction.** The Private Clinic Centre of Liposculpture has carried out thousands of minimally invasive Lipo Contouring procedures and although in the past the majority of these have been for women, this type of procedure is becoming increasingly popular with men. At your consultation we will advise you on the best treatment for you, and you can rest assured that the doctor who carries out your treatment will be one of the most experienced in the UK.

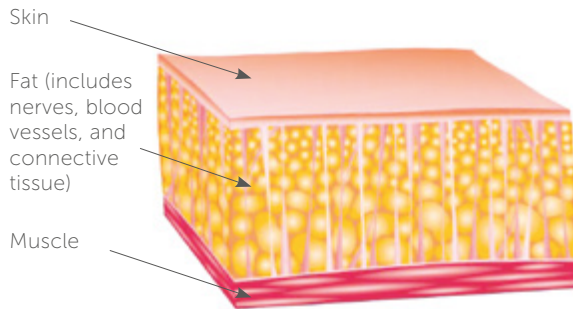
Chest Reduction

GYNAECOMASTIA more commonly known as man boobs – affects around 15% of adult men in the UK and is caused when excess fat develops in a man's breast area. Many young individuals develop gynaecomastia using drugs for body building in the gym and some require male breast reduction after weight loss. **The Private Clinic offers a range of male breast reduction treatments to help reduce excess fat on the male chest. These include; VASER Liposuction, MicroLipo and Surgical Liposuction.**

VASER LIPO is a minimally invasive treatment for gynecomastia that can give you the body you want, without the pain and risk of major surgery and without the need of general anaesthetic. It is less invasive than traditional liposuction and, because it differentiates between fat and important tissues

such as nerves, blood vessels and connective tissues, the risk of damage to these tissues is practically eliminated. VASER lipo is a walk-in walk-out procedure which doesn't require a hospital stay or long time away from work or sport activities. Results are very soft and natural looking.

BEFORE VASER



AFTER VASER Enlarged to show detail



Nerves, blood vessels and connective tissue minimally disturbed but fat removed

MICROLIPO is also ideal for male breast reduction. Cannulas less than 3 mm in diameter are used to remove the fat, which means there is less risk of irregularities and depressions in the skin compared to regular liposuction.

Both VASER and MicroLipo are carried out under local anaesthetic,

Surgical Liposuction

Most patients, moderately overweight and with so called pseudo-gynecomastia are well-suited for treatment with liposuction alone. Minimal excess skin will shrink after surgery and re-drape in a satisfactory manner over the pectoralis muscles during the healing process. **Surgical liposuction is more invasive than the other two forms, but best for those who have a large amount of fat to be extracted.** It is often performed under general anaesthetic, which means you may require a hospital stay but your surgeon will explain thoroughly why it will suit your needs best before you decide to go ahead.

RECOVERY / DOWNTIME

Downtime is minimal for VASER and MicroLipo and you can get back to your daily routine almost immediately. However, because there may be some bruising and swelling, it's best to wait one to two weeks before you hit the gym or do any other rigorous physical activity. Many of our procedures allow patients to return to work within 48-72 hours. Surgical Liposuction will require a longer recovery period, and you may have drains fitted following treatment. Your recovery will be explained thoroughly to you during consultations, as each treatment is entirely individual.

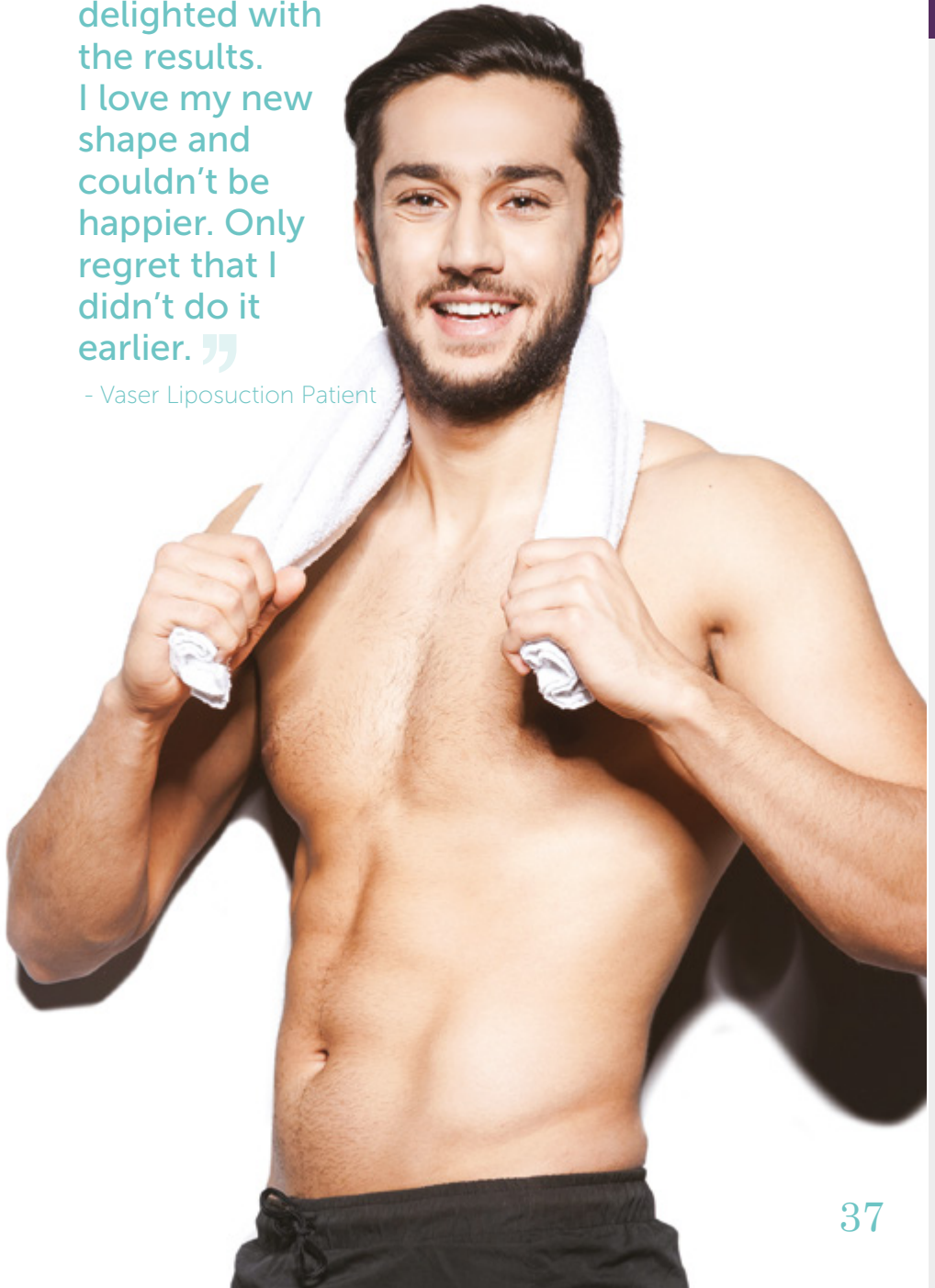
OUR SPECIALIST SURGEONS...

have performed over 11,000 Liposuction treatments. For more information or to book a consultation, [click here](#)



Absolutely delighted with the results. I love my new shape and couldn't be happier. Only regret that I didn't do it earlier. ”

- Vaser Liposuction Patient



Tummy Tuck

Weight loss and the natural ageing process can leave behind excess, sagging skin around the stomach (abdomen) area, which can't be banished through exercise or non-invasive treatments. **An Abdominoplasty, or tummy tuck is the perfect solution which will give you a flatter, firmer abdomen.**

THE PROCEDURE

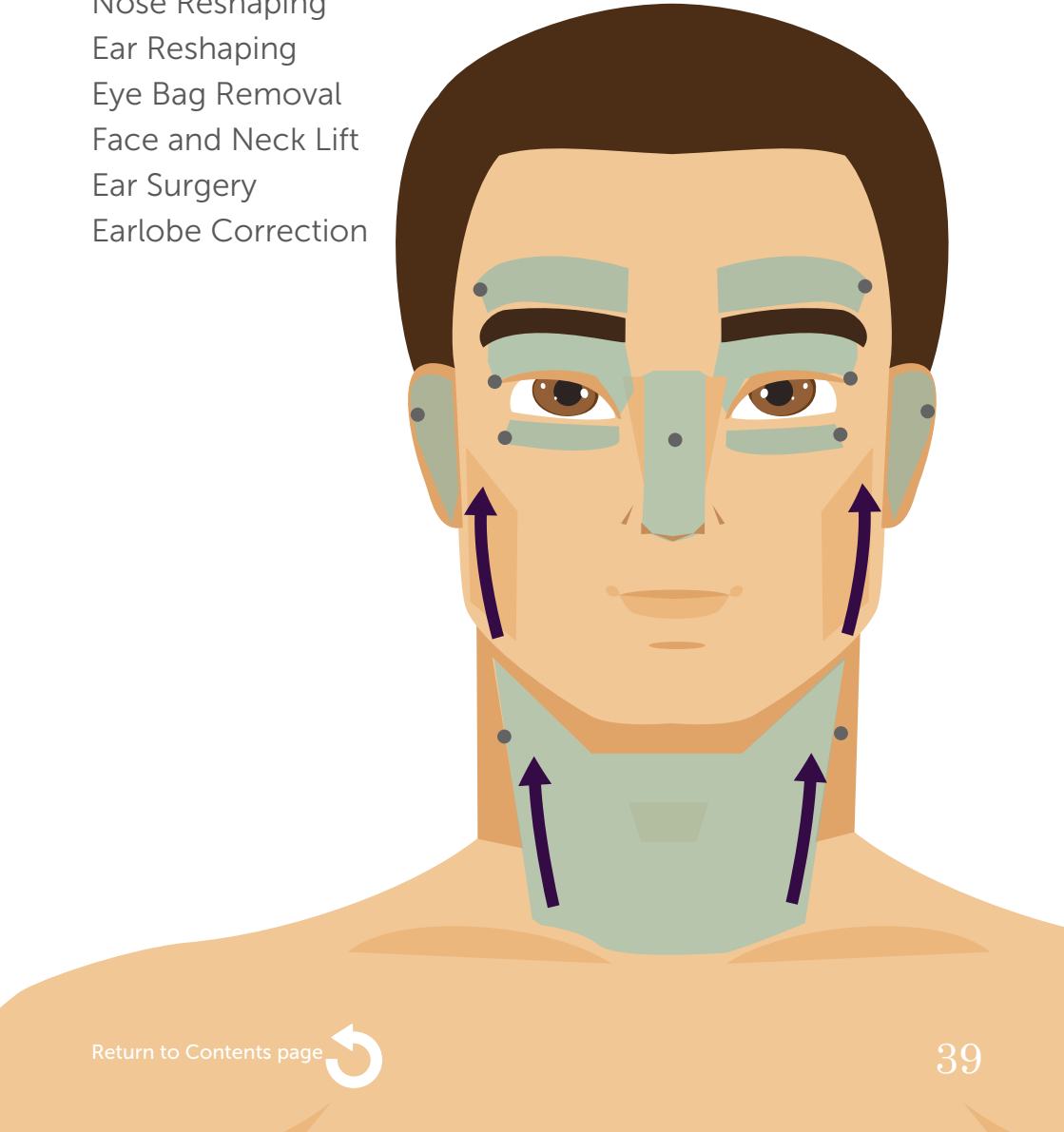
A tummy tuck procedure is used to remove excess fat and skin from the abdomen area in order to tighten the muscles and tissues of the abdominal area. **There are various types of abdominoplasty available however the one that you will have will depend on how much skin and fat you have removed.** Your surgeon will explain which type is most suitable for you. The procedure can take up to two hours, under general anaesthetic and you will be required to stay overnight in hospital. The procedure involves an incision being made along the lower abdomen (further incisions may be needed). Then skin is carefully separated, allowing the excess tissue and skin to be removed and the remaining skin and tissue to be repositioned or reshaped. Finally, the skin is firmly pulled across the abdomen area and sutured up.

THE RECOVERY & AFTERCARE

After surgery you will need to rest and wear a light support garment. Usually two weeks after your procedure you can start to do light exercise to start toning the muscle. Most people take between 1-3 weeks off work, depending on your job. After a surgical procedure you need to care for your body and grant it the full rest it deserves. Naturally, the recovery process varies considerably between patients so you may find you will be able to do some very light work from home sooner than you thought.

Male Facial Procedures

- Nose Reshaping
- Ear Reshaping
- Eye Bag Removal
- Face and Neck Lift
- Ear Surgery
- Earlobe Correction





I fell in love with my nose as soon as the cast came off, I loved it. Can't stress how great the whole experience has been.”

- Rhinoplasty patient

Rhinoplasty (Nose Reshaping)

A Rhinoplasty or Nose Job is a procedure that is designed to help those who are unhappy with the size, shape or form of their nose, either for aesthetic or medical reasons. **We are expert in all types of nose reshaping including caucasian and ethnic nose reshaping.**

A Rhinoplasty is aimed at correcting and reconstructing the shape of the nose. It is frequently performed to enhance the aesthetic appearance of the area, but it can also be used to restore nasal functions and correct deviated septums.

There are three types of rhinoplasty

- Standard rhinoplasty – Full nose correction of the bridge, nose tip and alar bases (nostrils)
- Septo-rhinoplasty – Full nose correction, including the alteration of a deviated nasal septum (the cartilage partition in the nose). If you suffer from symptoms of a deviated septum, this procedure is also suitable
- Rhino-tip – Correction of the tip and alar bases

THE PROCEDURE

Rhinoplasty and Septo-rhinoplasty surgeries are performed under general anaesthetic and can take up to two hours, depending on the nature of the procedure. For both surgeries you will need to stay overnight in hospital for monitoring. A Rhinotip correction may be carried out under local anaesthetic with sedation, under which circumstance you may be able to return home on the same day.

Rhinoplasty takes around 2 hours to complete, **Regardless of the type of Rhinoplasty surgery you are having, your surgeon will work hard to ensure you are left with no visible scarring.** Once

complete, the skin on your nose will shrink or expand around its new shape.

THE RECOVERY & AFTERCARE

Results from Rhinoplasty procedures can be drastic, transforming not only the nose but the whole face. Whichever surgery you are having you will be left with no visible scarring, though you will need to wear a splint across your nose for 7-10 days to protect it.

Your final results will normally show after a couple of months, once swelling and bruising have completely dispersed after two weeks. The majority of the swelling can take up to 6 weeks to reduce but minor swelling may take a few months to settle.

Ear Reshaping (Otoplasty)

As prominent features of the body, ear shape and size can have a major effect on how we feel about our face. Large or protruding ears can effect confidence, while ears that sit far away from the head can be uncomfortable. **Otoplasty (ear correction surgery) is a surgical procedure to reshape and reconstruct the ear. If you are unhappy with the shape, size or position of your ears, you may benefit from it.**

THE PROCEDURE

Otoplasty procedures usually take up to around 2 hours and can be performed under local or general anaesthetic, depending on the individual case. As specialists in minimally invasive procedures, we endeavour to carry out Otoplasty under local anaesthetic as often as possible, but will only proceed with the method that's right for your needs.

During the treatment your surgeon will make an incision along the crease-line behind your ear and remove any excess cartilage that is causing it to protrude. **The ear is then pinned back along the fold to its new position, closer to the head.**

Following the surgery, the area will be stitched up and a dressing wrapped around your head to support the cartilage in its new place.

THE RECOVERY & AFTERCARE

We recommend that you take approximately one week off work. You may be allowed to return home immediately after the procedure, but this will depend on your case and you may be required to stay in hospital overnight to ensure your safety and recovery. Patients are required to wear a head-bandage for 5-7 days to help support the wound and at night for a further 2 weeks to stop the ear getting caught on the pillow at night. Your ears will be bruised, swollen and red for a few weeks – it can take up to 6 weeks for full recovery. Any discomfort is normally well controlled with painkillers.

Eye Bag removal (Blepharoplasty)

Often as we get older it is common to develop bags on the lower or upper lids of the eye, which can make us look older or tired. Blepharoplasty, sometimes also known as eyelid lift surgery or eye bag removal, is a simple, safe and quick procedure to remove excess fat and skin from around the eyes.

THE PROCEDURE

Blepharoplasty is a simple procedure to remove or reposition excess skin and tissue around the eyelids.

The treatment can be used to reduce drooping, tighten any creases and folds in the upper or lower eyelids, and lift skin surrounding eyes. The treatment is commonly used to correct hooded or drooping eyelids. Most of our patients are day cases, with simple procedures taking as little as 30 minutes and longer cases taking up to 2 hours. **The majority of patients return home after the procedure with no need for a hospital stay.**

THE RECOVERY & AFTERCARE

Depending on your case and procedure your surgeon may advise between 7-14 days off work, particularly for more complicated surgeries. You will need someone to take you home and we recommend that someone stays with you for the first 24 hours post-surgery.

You will experience some swelling and bruising for up to two weeks, but may return to your social activities within one-week post-procedure. Your stitches will be removed 4-5 days post-procedure, and make-up can be used 7 days after the surgery. You may need pain relief to help with any discomfort while the eyelids heal, though your surgeon will discuss this fully with you.

Face and Neck Lift (Rhytidoplasty & Platysmaplasty)

Ageing and extensive weight loss may cause skin to lose volume and elasticity. With the help of gravity, this results in the face drawing closer to the bone and downwards – often resulting in folds, lines and sagginess. **A surgical face/neck lift, also known as rhytidoplasty, tightens skin around your**

face, jawline and neck, resulting in a youthful, rejuvenated appearance. The facelift isn't a standard 'one-size-fits-all' procedure and we offer bespoke solutions to each of our patients depending on their desired results and suitability.

THE PROCEDURE

The techniques for a face/neck lift vary so it is very important to have a full consultation in order to assess each patient. **As each face is different, the procedures are tailor-made to each patient so the exact procedure differs from patient to patient.** A face/neck lift procedure typically take 1-3 hours, more complicated and extensive procedures can take longer. Most patients will require a general anaesthesia for the full facelift. Incisions are typically made behind and in front of the ears, carefully designed to minimise and conceal scarring. In some cases the incisions extend onto the scalp. From there the surgeon will reach the deeper layers of the face which will be repositioned and 'lifted'. **Depending on the procedure, muscle tightening and liposuction to the neck may be performed to enhance the effect of the facelift.** Depending on the procedure, you may require an overnight stay in hospital. Tubes may be attached to the incision sites to collect fluid – a natural response to invasive surgery of this kind. Some facelifts will not require such extensive care and hospital stays.

THE RECOVERY & AFTERCARE

Following the operation, you may experience discomfort as your face may feel tight and full for the first 7-10 days but this can be managed by pain medication provided to you. Bruising after surgery varies between patients and their natural healing responses. Any bruising and swelling should reduce and eventually clear after 2-3 weeks.

A close-up photograph of a person's lower legs and feet, showing prominent, dark, twisted veins (varicose veins) on the right leg. The person is standing on a reflective surface, and the background is plain white.

Varicose Veins Treatment

Endovenous Laser Treatment

VenaSeal

Foam Sclerotherapy

Phlebectomy

Thread Vein Treatments

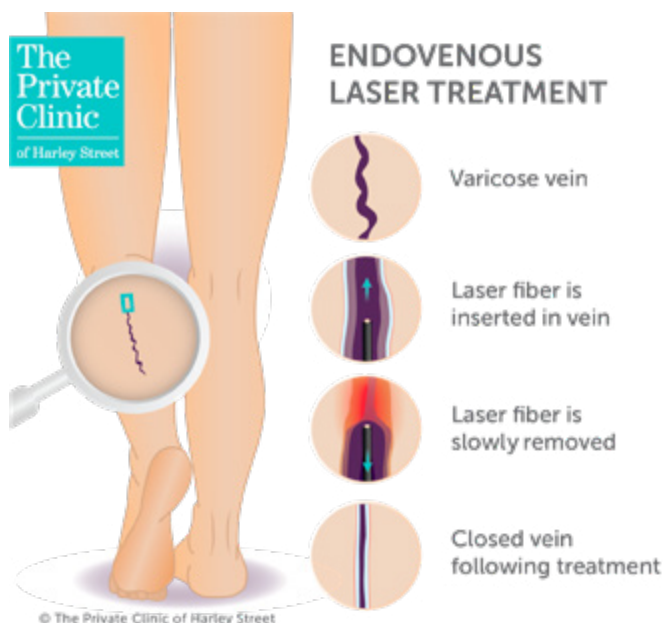


Varicose Veins Treatment

Patients that have varicose veins often feel embarrassed about the appearance of their Varicose Veins, preventing them from the clothes that they would like to wear. Varicose veins are usually easily diagnosed by their enlarged, swollen, lumpy, bumpy or twisted appearance. The veins are most commonly found on the legs or feet and may be blue or dark purple in colour. These unsightly varicose veins can often cause some patients to experience symptoms which includes aching, heavy and uncomfortable legs, swollen feet and ankles, burning or throbbing in your legs, dry, itchy and thin skin over the affected vein or muscle cramp in your legs particularly at night. **Treatment at The Private Clinic is your best option, starting with a consultation with our expert Vascular surgeons.**

IF YOU ARE SEEKING TREATMENT

The best option is to book a consultation with our expert Vascular [click here](#)



Skin & Laser Treatments

for Men and Women

N-Lite Acne Treatment

Wrinkle Relaxing Injections

Dermal Filler Treatments

Laser Skin Resurfacing

Laser Hair Removal

Ultherapy

IPL Photorejuvenation

Chemical Peels

PRP Hair Restoration

PRP Skin

Microdermabrasion

Microneedling

HydraFacial

Thermage

Mesotherapy

Haemorrhoids

Snoring



N-Lite Acne Treatment

Acne is most common in adolescents and teenagers but can appear for the first time in the mid-twenties, during menopause or even later.

N-lite treatment could help to calm irritated spot prone skin, clearing and preventing further breakouts. N-Lite acne laser treatment works in 3 ways: killing the bacteria, stimulating new collagen and reducing inflammation.

The SmartPulse™ laser light is directed at the affected area, targeting the bacteria and stimulating the natural repair mechanism of the skin. By destroying the bacteria, this laser treatment quickly clears the acne – sometimes in just a few sessions.

Because the N-Lite laser targets the cause of the acne and not just the symptoms it reduces the risk of new acne developing and also reduces the risk of acne scarring. The N-lite laser treatment can be used to treat acne on the face, neck, back and chest and **has been described as the most significant advancement in the treatment of acne in decades.**

WANT TO KNOW MORE?

To book a no obligation consultation with one of our N-Lite skin specialists or for more treatment information please [click here](#)

CROWS FEET

Reduce lines from the outer corner of the eye

BUNNY LINES

Smooth horizontal lines on the nose

NECK LINES

Remove 'banding' in the neck

FOREHEAD/ FROWN LINES

Relax lines caused by frowning

EYEBROW LIFT

Relax the muscles that pull the brow line down

TOP LIP LINES

Smooth lines on the upper lip

Wrinkle Relaxing Injections

Want more youthful looking skin, without having a surgical procedure? **We have a range of non-surgical skin treatments that help to reduce the appearance of lines and wrinkles.** Anti-wrinkle injections work by blocking the nerve impulse that causes your muscles to contract. The injections are made up of a drug called Botulinum Toxin and can only be performed by a highly qualified nurse or doctor. **Common treatment areas for anti-wrinkle injections include forehead lines, lines between eyes/glabella, crow's feet/lines around your eyes, neck lines and chin lines.**

THE TREATMENT

Anti-wrinkle injections can take 20 min to complete and we ask that you come for an initial consultation to discuss the treatment first. The initial consultation can be followed directly by treatment if you prefer.

THE RECOVERY & AFTERCARE

It can take 7-10 days to start seeing the results and the treatment tends to last 3 months but this can vary from patient to patient. You may require a review/top up appointment 2 weeks after your initial treatment.

Filler Treatments

As skin ages, it loses elasticity and becomes less supple resulting in lips losing their fullness, lines appearing particularly around the mouth and nose area, and cheeks looking sunken and hollow.

Dermal Fillers are popular non-invasive treatments that make it possible to restore volume to hollowed areas, to contour your face and to tackle fine lines and wrinkles. Dermal Fillers can add definition to your face and are particularly effective in creating more prominent cheeks, fuller lips and a fresher smoother appearance. **Our specialist '8 Point Lift' treatment can even replicate the effects of a Facelift without the downtime.**

- Under the eyes (Tear Trough)
- Cheeks (create a fuller cheek or a high cheek bone look)
- Lips (Vermillion border and lip augmentation)
- Lip Lines (Smoker's Lines)
- Nose to mouth lines (Naso-labial folds)
- Mouth to Chin lines (Marionette lines)
- Chin
- Nose (Non-Surgical Rhinoplasty)
- Hands

UNDER EYES ...
Tear Trough

CHEEKS ...
Create a fuller cheek or a high cheek bone look

LIP LINES ...
Smoker's lines, Vermillion border and lip augmentation

**'DUMPLING'/
APPLE' CHIN** ...
Reduce the appearance of an 'apple' chin

NOSE ...
Non-Surgical Rhinoplasty

NOSE TO MOUTH LINES ...
Naso-labial folds

MOUTH TO CHIN LINES ...
Marionette lines

JAWLINE ...

Laser Rejuvenation

At The Private Clinic we offer a wide range of advanced laser light therapies, so you can rest assure that we have a treatment solution to treat your skin concern. **All Laser and IPL treatments require a patch test 48 before treatment as well as a full consultation.**

IPL Photo Rejuvenation

Intense Pulse Light using the photo rejuvenation process, is a breakthrough in age-defying skin treatment. This technique treats sun damaged skin non-invasively, with no disruption of the skin's epidermal surface. **IPL treatments address the effects of photo ageing and sun damage with low risk of complications and little or no recovery time.**

Regenlite Anti-Ageing Treatment

Regenlite is a laser treatment aimed at improving the appearance of lines, wrinkles and general ageing. The treatment is suitable for both women and men who are looking for a gradual, discreet and gentle treatment to reduce the signs of ageing. **The Regenlite laser treatment is suitable for treating wrinkles, acne, acne scarring, stretch marks, scars and general ageing complaints. This treatment has minimal to no downtime ideal for a lunch break pick me up.**

Thread Vein Treatment

Thread veins most commonly affect the face, body and legs. They are common and can often cause embarrassment. Thread veins also known as spider veins, spider broken veins and capillary veins – are small red, blue or purple veins that usually appear near the surface of the skin. We offer several treatments available for thread veins depending where they are. **We offer Sclerotherapy, as well as Laser treatments, such as our Cutera CoolGlide to treat visible and superficial veins on the face and body.**

Thermage

Thermage is a revolutionary nonsurgical skin tightening treatment that heats the deep and collagen rich layers of your skin using radiofrequency technology. **The treatment works by remodelling and encouraging new collagen production to effectively tighten and contour your skin in a single treatment. Thermage is an effective solution for sagging skin, loose jowls or lack of definition in the jawline, sagging skin under the chin and wrinkles and fine lines around the mouth and forehead.** The treatment is suitable for all skin types and can also be used on the face, neck and décolletage, as well as the body.

Chemical Peels

The Private Clinic offers an extensive range of high performance peels that treat different skin concerns.

We understand that Acne comes in many different forms and in order to treat breakouts and prevent further breaks, we need to treat the underlining

cause. We offer a range mild, moderate and intense peels to actively manage acne. They calm current breakouts and prevent further breakouts, sooth inflammation while providing gentle exfoliation for softer and smoother looking skin.

DERMA FROST SALICYLIC PEEL

This peel treats sun damaged skin, mature skin showing deep wrinkling and loss of elasticity. Acne, pigmentation abnormalities, fine lines and rough, calloused skin. Salicylic Acid is an effective keratolytic agent helping to reduce blackheads and treat oily, Acne prone skin.

ALPHA BETA PEEL

For dull dry rough skin, Acne, blackheads and sun damaged skins. This is a very effective peel using the perfect blend of acids to exfoliate without harshness, irritation or inflammation. **You'll experience little or no stinging and should not experience flaking or peeling.** This peel is suited to most skin types and tones with two peel strengths available. **Improvements can be seen and felt after one treatment however for optimal results a course of treatments is recommended.**

Anti Ageing

Excess sun exposure and personal habits (smoking, alcohol concussion and dietary choices) combined with the ageing process impacts our skin. **Our Anti-ageing skin rejuvenation peels, used in conjunction with our homecare system, penetrates deep in to the epidermal layers of the skin to eliminate UV damage, encourage collagen and elastin production, reduce the**

appearance of pores and deep set wrinkles.

CIRCADIA LACTIC ACID PEEL

Promotes effective removal of the uppermost layers of dead skin cells whilst protecting your skin's lipid barrier. **Your skin won't feel tight or dry and will achieve a healthier appearance.** Lactic skin peels are considered to be gentle, safe and suitable for most skin types. **There is no downtime as they rarely produce peeling or flaking, post-peel erythema or inflammation, improvements can be seen and felt after one treatment, however for optimal results a course of treatments is recommended.**

SWICH™ EPIDERMAL REPAIR SYSTEM

For mature skin showing signs of wrinkles, loss of firmness and sun damage. This is a leave-on treatment which activates the skin cells energy output to behave in a more youthful manner. **A pleasant treatment with little disruption to your social activities with noticeable results.** This treatment can improve the face, neck, chest and hands. **Results: younger, smoother, glowing, firmer, brighter skin.** A course of six treatments at monthly intervals is recommended.

Prevention and Rejuvenation

Many believe that sometimes prevention is better than cure when it come to your skin. Our skin rejuvenation treatments, will not only treat your skin today but will repair and protect your skin for brighter days' tomorrow, reducing the appearance of enlarged pores, refining skins tone and texture, while reversing signs of skin ageing caused by sun and environmental damage.

DELUXE MICRODERMABRASION

Deluxe microdermabrasion is a resurfacing treatment suitable for all skin types and ideal for brightening dull skin. **The treatment involves a hand piece being passed over the skin with a flow of medical grade crystals that work to remove the top layer of dry dead skin cells.** This exfoliation will clear your skin of dead cells revealing soft new skin cells and a brighter complexion. **The hand piece also has a vacuum which not only clears the crystals from the skin but will work to remove any oil and congestion on your skin promoting a production of new elastin and collagen.**

CIRCADIA ENZYME & OXYGEN TREATMENT

A fast acting combination treatment that can be used on any skin type. This treatment uses powerful enzymes with oxygen to treat acne, roseacea and sun-damaged skin. **The treatment is quick, easy and pleasant.** The end result is clear and luminous skin with a feeling of firmness. Can be repeated as often as once a week (oxygen only). **With the enzyme treatment included, it can be repeated once every third week.**

Pigmentation

Uneven skin tone and dark spots are caused by an over production of melanin that becomes visible on the surface of the skin. Pigmentation can become visible on the skin for a number of reasons including increased sun exposure, genetics, medical conditions, pregnancy, trauma to the skin and hormonal changes. As we start to age the appearance of pigmentation can become more prominent causing many to look for a way to improve it. **Our range of skin peels combined with homecare treatments will speed up the rejuvenation process to reduce pigmentation and prevent further pigmentation from appearing.**

OBAGI BLUE RADIANCE PEEL

Contains a unique blend of acids that provides superficial exfoliation to improve your skin's look, texture, and feel in a matter of minutes. Results, tighter, smoother, brighter-looking skin after just 1 use although a series of 4 to 6 peels.

OBAGI NU-DERM SYSTEM

Suitable for all skin types, this complete skincare system is designed to target the key visible signs of Ageing, Melasma and Hyperpigmentation.

CIRCADIA MANDELICLEAR PEEL

Safe and well tolerated by most skin types. Ideal for pigmentation issues associated with darker Fitzpatrick skin types. Effective for lightening pigmentation due to Acne, melasma or sun damage.

Laser Hair Removal

Laser Hair Removal offers a convenient alternative to the hassle of regular shaving and waxing, a course

of treatment can provide patients with a permanent reduction in unwanted hair growth.

Our specialists use a special grid method on the area to target every stand of hair. The treatment works by using light energy to heat up the hair follicles in the skin and when enough heat is produced, the follicle is destroyed preventing re-growth of the hair.

Depending on the size of the area to be treated, your treatment may take as little as 10 to 15 minutes to remove small amounts of fine hair for example on the upper lip. **Most areas will need about 6 -12 sessions for optimum results.** We will be able to give you a clear idea of how many sessions you will need after your consultation with a free patch test.

Microneedling

If you suffer from acne scars, burn scars, hyper pigmentation or aged skin then Microneedling could be for you.

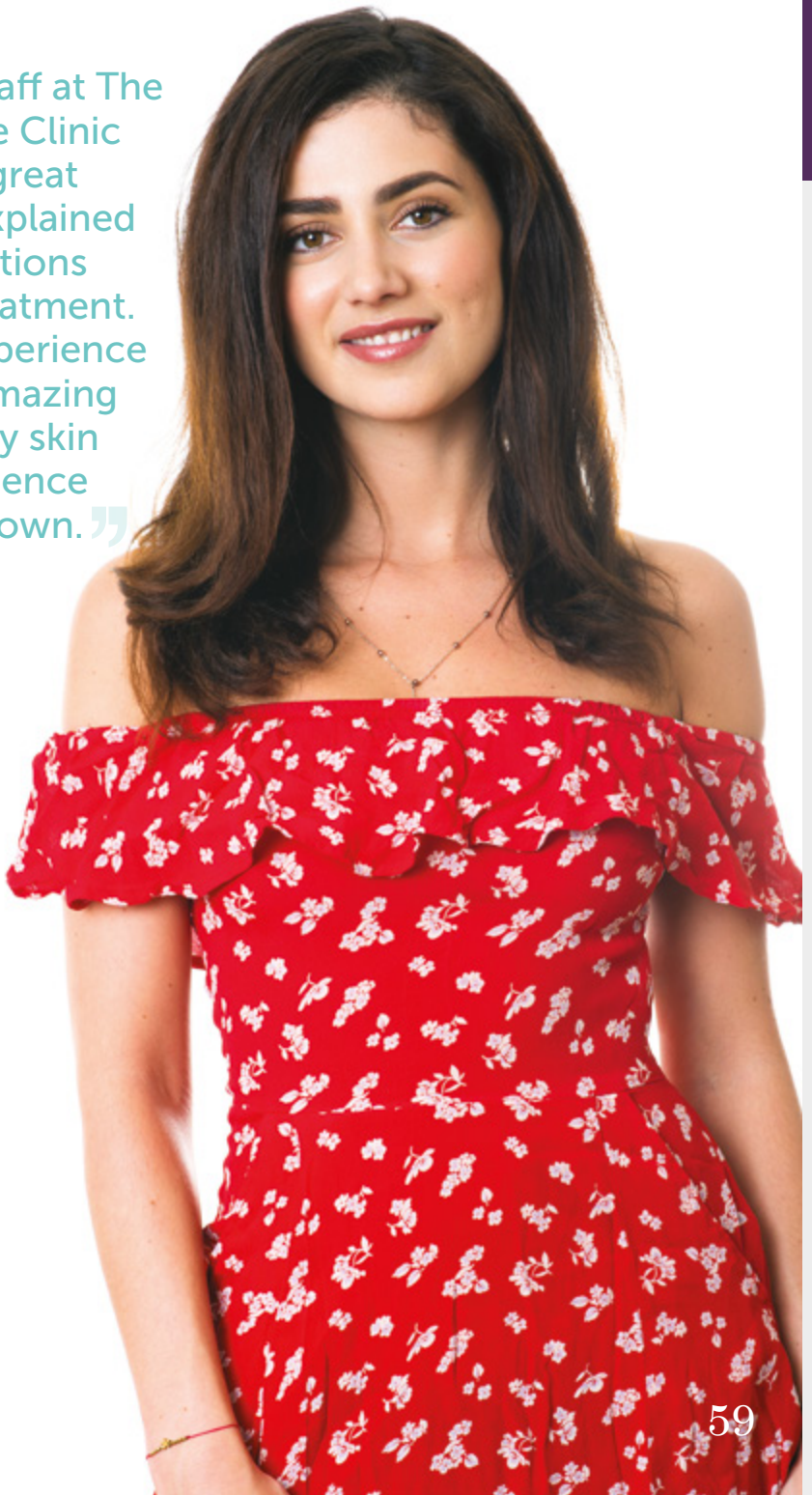
Microneedling is a treatment delivered through the use of a dermaroller/dermapen, a medical roller with hundreds of micro-skin needles. **As the medical roller is passed across the skin it causes small micro punctures in the skin surface that stimulates the skin to regenerate and repair itself naturally and safely, creating smoother, brighter, healthier, younger-looking skin.**

Treatment usually takes 20-30 minutes depending on the area that is being treated. **A course of four treatments approximately 6-8 weeks apart is recommended to achieve the optimal results.**

WANT TO KNOW MORE?

For a full list of our Laser & Skin Treatments [click here](#)

“The staff at The Private Clinic were great and explained my options for treatment. My experience was amazing and my skin confidence has grown.”

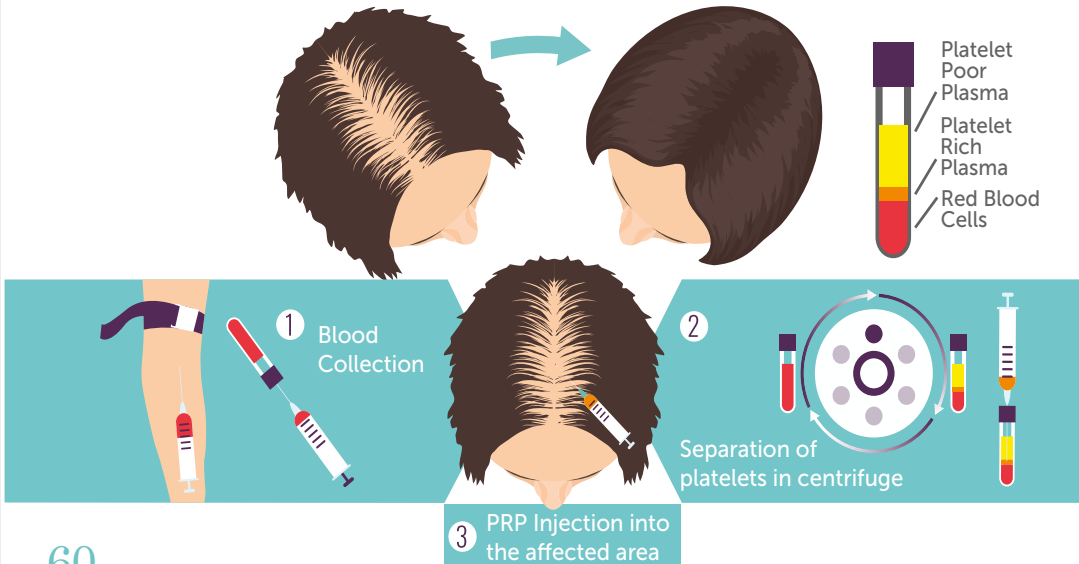


PRP Hair Restoration

Many men and woman suffer from hair loss which could be attributed to various factors such as hormonal or nutritional imbalance, lifestyle, diet, well being as a whole. **Fortunately advances in medical science means that Palette Rich Plasma (PRP) Hair restoration treatment could be a solution for you.**

PRP hair growth treatment is a quick outpatient procedure that takes about 20 min. The process begins by taking a blood sample in an anticoagulated tube with separation gel. The tube is then treated for 10 minutes to separate the red blood cells and granulocytes from plasma with platelets.

Finally, concentrate from the tube is injected into areas of the scalp that show hair thinning. **Once injected in the skin's dermal layer, platelet activation will occur, resulting in granule stimulation and growth.** Usually, there is no downtime or recovery period after a PRP procedure. **Patients can continue their normal life routine immediately after undergoing the treatment.**



PRP Skin Rejuvenation

Platelet Rich Plasma (PRP) for skin rejuvenation is also known as the Vampire facial, leaves skin firmer, plumper and more youthful. The process is the same as PRP hair restoration where a sample of blood is taken and treated to separate the plasma to be injected into the face.

Ultherapy

Ultherapy® is a non surgical lifting treatment for tighter, more youthful-looking skin - in less than an hour without any downtime. Ultherapy uses micro-focused ultrasound with visualisation (MFU-V) energy to generate a thermal effect under the skin. This stimulates the production of new collagen and elastin which can reverse the signs of ageing. Patients will usually feel an immediate lift in the areas treated followed by more noticeable results in the 3-6 months after treatment. Effective on most areas which include:

- Sagging skin
- Drooping eyelids
- Skin laxity
- Sagging bottoms
- Jowls
- Lines and wrinkles
- 'Turkey neck'
- Crepey décolletage
- Loose skin on the body

Other treatments

Haemorrhoids

Although haemorrhoids are actually very common and their symptoms do often disappear on their own after a few days, there are cases where symptoms such as soreness and bleeding can become severe and unfortunately don't go away. In these cases haemorrhoid removal treatment is needed to treat them. The root cause of haemorrhoids is down to increased pressure in the abdomen which can be the result of a variety of factors including chronic diarrhoea or constipation, pregnancy, obesity, low fibre diets and genetics. **At The Private Clinic, we offer the revolutionary Rafaello[®] procedure which is a safe and reliable new treatment for haemorrhoids removal with lasting results.**

Orthopaedics Care

Our team of specialised Orthopaedic surgeons offer private orthopaedic care focusing on minimally invasive treatments for problems caused by disease and injury in the bones and joints.

Click to find out more.

Haemorrhoids

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Dermatology

As an established leader within the field of cosmetic surgery, laser and skin rejuvenation, we strive to continually improve and refine our treatments, whilst introducing the latest innovations with the highest possible standard of customer care.

Our specialist dermatologist offers a range of treatments for various conditions which include:

- Acne
- Acne Scars
- Hyperhydrosis
- Psoriasis
- Eczema
- Rosacea
- Melasma
- Keloid Scars
- Excess sweating
- Milia removal
- Pigmentation
- Scar Revision
- Removal of skin tags, warts and Verrucas

FOR MORE INFORMATION...

about the treatments we offer [click here](#)

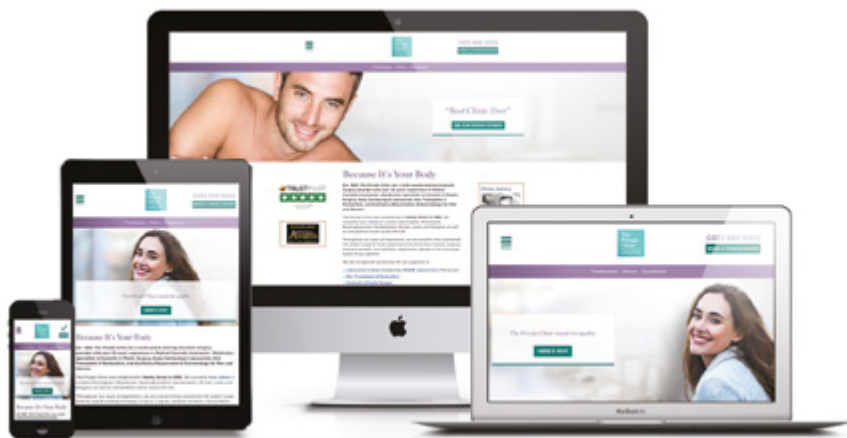


Conditions

A list of the conditions that we treat can be found below, or for a full and detailed list please [click here](#)

- Excess Hair Growth
- Cheek Enhancement /Loss of Volume
- Skin Tightening/Loose or Sagging skin
- Sagging Lids
- Sagging Jowls
- Double Chin
- Crows feet and eye wrinkles
- Brow and forehead lines
- Thinning Lips
- PCOS
- Dull Skin
- Age Liver/Brown and Sun Spots
- Nose to Mouth Lines
- Jawline Slimming/Wide Jawline

[Return to Contents page](#)



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London Hospital, Fitzroy Square

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Birmingham
Leeds
Manchester
Northampton
Buckinghamshire



Leeds
Manchester
Birmingham
Northampton
Buckinghamshire
London

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