

A man and a woman are jogging on a beach at sunset. The man is shirtless and wearing black leggings, while the woman is wearing a black sports bra and bright orange leggings. They are both smiling and looking towards the camera. The background shows the ocean waves and a clear sky with a warm, golden light.

# Liposuction

Everything you need to know about our procedures

The  
Private  
Clinic

of Harley Street

Because it's your body



98

The Private Clinic

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The team talk you through everything before and during the procedure and are so caring. I am very happy with the results it has made a huge difference to my confidence. ”

-Becky, liposuction patient.



# Why choose The Private Clinic?

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The Private Clinic, liposuction and body contouring procedures are our area of excellence. Our multi-award-winning range of liposuction treatments are tailored specifically to the requirements of our patients. Our team of Liposuction doctors are pioneers in their fields of Liposuction and Body Contouring. Combined, our Doctors have performed the highest number of liposuction procedures in the UK.

**Established in 1983, The Private Clinic are multi-award winning with over 35 years' experience in delivering safe and successful cosmetic treatments.**

Our medical teams consists of some of the most renowned and reputable Surgeons, Doctors and Nurses who are pioneers in their fields.

**We use state-of-the-art technologies and the most advanced techniques to achieve the best results with the least amount of disruption to your everyday life.** Where suitable, we perform walk-in walk-out procedures, which do not require general anaesthetic, overnight stays or involve long recovery periods.

## OUTSTANDING FACILITIES

At The Private Clinic, all consultations and some treatments are carried out in our state of the art in house clinics based in London Harley street, Fitzroy Square, Birmingham, Manchester, Northampton and Leeds. Our clinics are all CQC registered in England. There is no need to go to a large hospital. Our liposuction procedures are walk in walk out, ensuring that every patients journey is impeccable from beginning to end.

Our commitment to patient care is why we are the proud winners of 'Best Cosmetic Surgery Practice' at the MyFaceMyBody awards 2018.

## OUR MEDICAL TEAM

At The Private Clinic, our specialised Doctors perform nearly 2000 Liposuction treatments a year – more than any other clinic in Europe.

We are renowned for setting high standards in the Cosmetic Industry and we address every possible measure to ensure patient safety and satisfaction. Your safety and results depend on your medical professionals experience they have perfected the skills and techniques in their fields of expertise, and you can rest assured that you will be seen and treated by one of the top doctors in the industry.

Although there are several effective tools used for liposuction and body contouring, the skills and expertise of your surgeon and doctors are what count in the success and results of the procedure.

We are specialists in **Vaser liposuction**. However our Doctors have extensive experience in other methods of fat removal such as **traditional liposuction** and **micro liposuction**. This ensures that you are advised on the best form of fat removal for your shape.

Patient satisfaction is our biggest reward. This means we only let you go ahead with a treatment or procedure (no matter how small) if you're happy and fully informed, and if we believe it will give you the results you have asked for. **We strive to give you all the necessary information and enough time to think through your decisions so that you are completely comfortable.** Your journey is an important one and we want you to feel positive about it. We have been working hard at this for a long time and continually strive to improve it.

# Patient Pathway

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Prior to meeting your expert doctor, you can have a consultation with one of our highly trained patient co coordinators. They will explain the following aspects of the patient pathway with you:

- The process from the Initial clinical consultation with your doctor, to the treatment day and the aftercare provided, as well as the post-operative recovery period required.
- To discuss the services and facilities that are provided by The Private Clinic.
- To discuss this Patient Guide in general with you, highlighting the potential benefits and consequences of surgery, but not including any clinical issues.
- To help you complete a patient medical history form for presentation to the surgeon.
- To offer pre and post-operative photographs of previous patients should you wish.
- If appropriate, to discuss treatment date availability.
- Your patient coordinator will clearly explain the fee structure and all associated financial issues and options available to you.

If you prefer you can go directly to see our expert medical professionals.

## CONSULTATION WITH YOUR SURGEON

Before your consultation we provide you with a full profile of your expert doctor and can answer any questions about their background with The Private Clinic. The consultation with your expert doctor is designed to ensure that you have the time to discuss all aspects of the treatment you are considering and other options or concerns if appropriate. In order to achieve this aim expect your surgeon to discuss:

- All aspects of your medical and family history in detail and request pre-operative tests relevant for the surgery you are seeking.

- Try to ascertain your expectations and then discuss realistically what can actually be achieved by treatment.
- Examine and measure you to note any irregularities.
- Photographs may be taken of your body during your pre-operative screening.
- Recommend the best liposuction treatment suited to your needs and to achieve your aims, bearing in mind the limits of surgery and your own anatomy.
- Explain the potential complications and dangers of any form of surgery and anaesthesia.
- Advise on all aspects of your care both pre and post operatively.

#### DID YOU KNOW?

The Private Clinic was voted the UK's #1 Cosmetic Surgery Clinic.





“Having had liposuction to my abdomen over ten years ago I thought I knew what to expect, but my experience far exceeded expectations. The whole process from initial telephone enquiry to post op check was superb.”

- Debbie, Liposuction patient.



Excellent service and Excellent Care. 2 months post treatment, and I can honestly say I am happy that I had the treatment done at The Private Clinic.”

- Husnaa, Vaser liposuction patient.



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# Our Mission

The Private Clinic stands for quality and in order to achieve that, we make sure we put safety, expertise and patient satisfaction at the core of what we do – always.

## MEDICAL EXPERTISE

The Private Clinic thrive to employ only experts who we believe to be amongst the very best in their respective fields.

## OUTSTANDING CARE

The Private Clinic are very aware that the treatments we offer are elective procedures, and because of that we feel it is even more important to take a conservative approach. It is our duty to safeguard our patients and ensure that their experience is a positive one.

## PATIENTS SATISFACTION

We want our patients to be happy with their treatment and what we have achieved for them. We aim to produce natural looking results to enhance our patients' natural beauty and, more than anything else, we want to meet our patients' expectations.

## EXCELLENT CUSTOMER SERVICE

From the first call we thrive to provide our customers with excellent service. Our mission is to treat our patients in a professional, friendly and emphatic way, and to be available when they need us.

## HONEST ADVICE

The Private Clinic commit to not trivialise the fact that these are surgical procedures and shouldn't be taken lightly. We aim to provide patients with realistic expectations and honest advice, always.

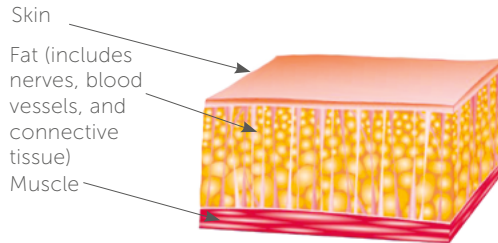
# What is Liposuction?

Some areas of the body are predisposed to store fat. If you have certain 'problem' areas or stubborn fat pockets that you just can't shift no matter how much you exercise or diet, one of our minimally invasive liposculpting procedures could help you achieve the body you want.

Liposuction is a cosmetic surgery procedure that can help sculpt the body by removing unwanted fat from specific body areas, leaving a much more defined shape.

At The Private Clinic we specialise in a number of minimally invasive procedures for fat removal including Vaser Liposuction or Liposculpture, Vaser high definition or Mid definition and Microcannula Liposuction. We have carried out thousands of minimally invasive liposuction and body contouring procedures.

## BEFORE VASER



## AFTER VASER Enlarged to show detail



Nerves, blood vessels and connective tissue minimally disturbed but fat removed

MICROLIPO uses Cannulas less than 3 mm in diameter to remove the fat, which means there is less risk of irregularities and depressions in the skin compared to regular liposuction. **Both VASER and MicroLipo are carried out under local anaesthetic.**

# Types of liposuction that we offer

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The Private Clinic do not just offer one liposuction method. No other clinic is able to do this. We offer a range of different liposuction procedures because we want to ensure you have the most appropriate treatment for your body shape.

## LIPOSUCTION

This is known as traditional or surgical liposuction. It is usually recommended for patients who are having a larger amount of fat taken out or are having a number of different body areas being treated. It is usually performed under general anaesthetic for patient comfort but you will normally be able to go home the same day. **Find out more.**

## VASER LIPOSUCTION

Vaser liposuction uses ultrasound energy to help liquefy the fat before it is removed. It is usually performed under local anaesthetic or sedation. The Private Clinic is the UK's leading provider of VASER Liposuction performing more vaser liposuction procedures than any other clinic in the UK. **Find out more.**

## MICRO LIPO

Micro lipo is similar to Vaser liposuction however it uses a much smaller cannula making it ideal for treating small areas of stubborn fat such as the neck, chin, knees and arms. Micro lipo can also target larger areas. **Find out more.**

## VASER HI-DEF

Vaser hi-def is a specialised technique of vaser liposuction which works to sculpt and define muscles for a more athletic result. The Private Clinic are one of very few groups in the UK to be certified to perform the revolutionary treatment as it requires extensive experience and well-practised skill in VASER treatments which our liposuction surgeons excel in. **Find out more.**

## VASER MID-DEF

Vaser Mid-Def is The Private Clinic's own, unique Vaser lipo technique that offers results in-between Vaser Lipo and Vaser Hi-Def. It is designed to offer a more defined and athletic appearance but not as extreme as the results of Vaser Hi-Def. **Find out more.**

## VASER 4D

Vaser 4D is a specialised form of Vaser Lipo that is similar to Vaser Hi-Def which works to highlight your muscles. Vaser 4D instead is designed to sculpt your muscles following their natural movements and to create a 4D effect. **Find out more.**

## VASER 360

Vaser 360 is a fat removal and body contouring vaser technique that specifically treats the upper leg circumferentially targeting the thighs, knees and buttock crease. **Find out more.**

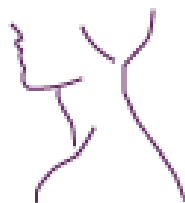
**Your initial consultation with our expert doctors will allow them to assess you and offer advice on which liposuction procedure is going to be right for you giving you the results that you desire to achieve.**

**CONSIDERING LIPOSUCTION SURGERY?** [Simply book a consultation or read more of our frequently asked questions here](#)



# Which body areas can you have liposuction or Vaser liposuction?

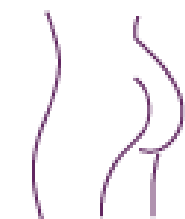
The Private Clinic are experts in liposuction for both men and women. We have carried out over 11,000 liposuction procedures and more procedures than any other clinic in the UK. Here are some of the most popular areas that we treat with different types of liposuction:



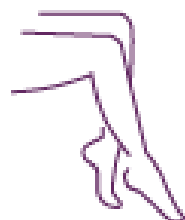
Vaser liposuction for the neck and chin is a great treatment that allows expert precision to help patients redefine their chin and neck area quickly often providing great results to the entire lower face instantly.



Liposuction to the chest can be an alternative option for those who want to remove small areas of fat to help with the appearance of their chest or to define the chest area.



Vaser liposuction is ideal for the buttock, buttocks crease and hips as it is able to target the specific area removing the unwanted fat and sculpting your body to achieve a more defined body shape without the need for fat transfer.

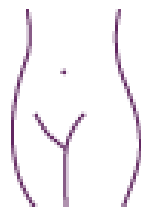


Vaser liposuction for the knees and ankles can result in shapelier and contoured lower legs.

Liposuction or Vaser liposuction for the back is a great procedure to help target the excess fat on the back resulting in a more toned appearance with no rolls or bulges.



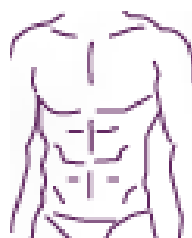
Liposuction or Vaser Liposuction can be performed on the hips/thighs, tummy and abdomen to remove fat to reveal more defined appearance to the waist.



Vaser liposuction is a great treatment to help provide more definition in your arms. The treatment works to remove stubborn areas of fat in the area resulting in the muscle shape being more noticeable and more lean and firm appearance overall.



Vaser liposuction is ideal for men who wish to help reduce stubborn areas of fat from their torso or abdomen which exercise and diet were otherwise resistant too. We also offer Vaser Hi-Def liposuction which can create an athletic, sculpted appearance which removes both superficial and deep fat that surrounds muscle groups to enhance the visibility of underlying toning and musculature.



**WE HAVE CARRIED OUT OVER 11,000 LIPOSUCTION PROCEDURES?** Book a consultation with our expert doctors or read more of our Vaser Lipo frequently asked questions [here](#)



Great experience at The Private Clinic. I would recommend The Private Clinic to anyone considering Vaser Liposuction, you are very much in safe hands and the results are fab. ”

- Jane, Vaser Liposuction Patient

## Patient Stories

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At The Private Clinic, we treat thousands of patients each year that have had a positive and life changing. Our patients praise us for the work that we do and 96% of them say that they would recommend us to their friends and family.

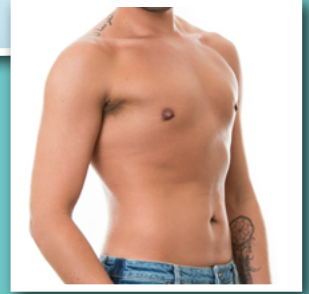
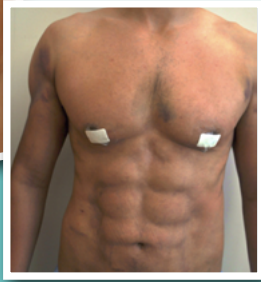
If you are considering having a procedure with us then we recommend that you have a look on our website at some of the patient stories. Please see [theprivateclinic.co.uk/information/patient-stories](http://theprivateclinic.co.uk/information/patient-stories).



I had microlipo done on my inner thighs recently and it was one of those things that I wish I'd done 10 years ago. The results are absolutely incredible, exactly everything I had dreamed of, and it literally changed my life. ”

- Ellie, Microlipo Patient

# Before & After



“A very big thank you to all at The Private Clinic. I had a vaser lipo procedure carried out on my inner thighs, lower back and flanks. The results have been excellent, I'm so pleased. I would recommend The Private Clinic to anyone.”

Saf, Vaser liposuction patient



“The team talk you through everything before and during the procedure and are so caring. I am very happy with the results it has made a huge different to my confidence.”

Becky, liposuction patient



“I recently had Vaser liposuction and have to say that I'm very happy with the results. The Dr and his team were very friendly and answered all my questions I had to the full.”

NC, Vaser liposuction patient

See more of the great results we have achieved here:

[Click to see Liposuction Before & After Photo Gallery](#)

[Click to see Vaser Liposuction Before & After Photo Gallery](#)

[Click to see Micro Lipo Before & After Photo Gallery](#)

# FAQ's

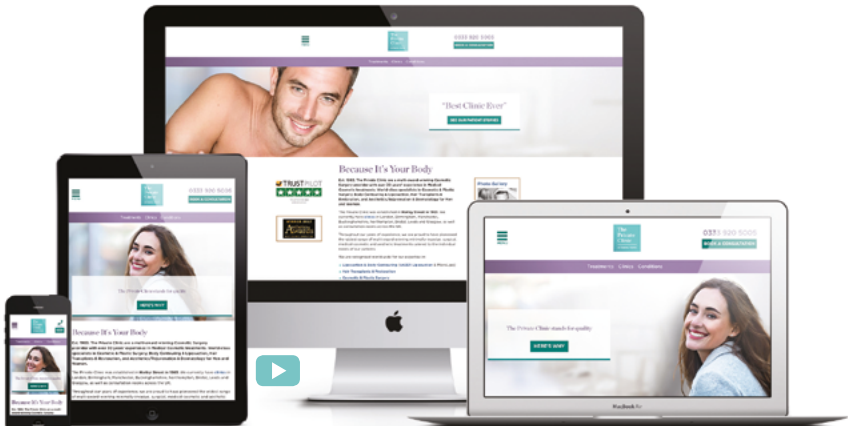
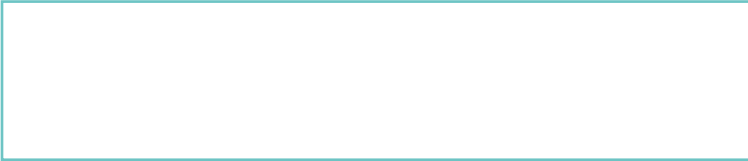
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TAKE A LOOK AT OUR COMPREHENSIVE  
FREQUENTLY ASKED PAGES ...

FAQ's on Liposuction [click here](#)

FAQ's on Vaser Liposuction and Vaser Hi-Def  
[click here](#)





FOLLOW US ON YOUR FAVOURITE  
SOCIAL MEDIA PLATFORM



# Where to Find Our CQC\* Registered Clinics



## LONDON CLINICS

Harley Street  
London Hospital, Fitzroy Square

## UK CLINICS

Birmingham  
Leeds  
Manchester  
Northampton

CONTACT US OR VISIT OUR WEBSITE TO FIND OUT MORE.